MIDST

Manchester Immigration Detainee Support Team







Do you need help? Do you want someone friendly to talk with? Speak to MIDST.

Who are MIDST?

We are independent volunteers from Manchester - we are <u>not</u> the Home office

We offer friendship and support to people in detention - we are not lawyers but we can signpost you to helpful organisations

We can use a translation phone to chat

When do we visit?

Tuesdays, Thursdays and Saturdays between 10:00-12:00

Contact us

Email: <u>visitors@MIDST.org.uk</u> Website: <u>midst.me.uk</u>

